



Basic Course on International Human Rights Standards



Activity No.1 (one hour):

- **Welcoming statement by the Director General, Dr. Ahmed El Mufti.**
- **Briefing about Khartoum International Centre for Human Rights (KICHR) and its activities (See the Information Note):**
 - Courses
 - Awareness-raising series
 - Advisory services, studies and designing and executing workshops.
- Introducing the technical and administrative staff and the administrative arrangements.
- **Distribution and filling pre-course questionnaire (see Annex 1) .**
- **Distribution of documents.**
- **Human rights sources:**
 - Instruments (international and regional), resolutions of the Commission on Human Rights and reports of its mechanisms and the resolutions of the UN General Assembly
 - National legislation
 - Guidelines on the form and content of reports to be submitted by States Parties
 - General comments and general recommendations adopted by human rights treaty bodies
 - Concluding observations and recommendations issued by the treaty bodies after consideration of reports submitted by the States
 - Resolutions adopted by treaty bodies when considering complaints
- **Training methodology: participatory.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Activity No. 2 (90 minutes):

- **Historical background about human rights:**
 - First: Development of human rights before World War 1:
 - Human rights and freedoms during Greek and Roman times
 - Separation of powers
 - Codification in the 19th century (bilateral agreements)
 - Minority rights
 - League of Nations
 - Second: Exceptions to sovereignty:

- Humanitarian intervention
- Human rights conventions
- Exceptions by the Charter of the League of Nations
- States' responsibility
- Humanitarian law
- **The international human rights system:**
 - First: The Charter of the United Nations signed in Sanfranciso Conference on 26 June 1945:
 - Prohibition of the use of force
 - Tolerance
 - Univerality
 - Equality between men and women
 - Non-discrimination on the basis of race, sex, language or religion
 - Self-determination
 - International cooperation in the social and economic fields
 - Second: International human rights instruments (see Annex 2)
 - Third: International monitoring and follow-up mechanisms:
 - Charter-based
 - Treaty-based
 - Fourth: regional systems for human rights (see Annex 3)

Presentation: 60 minutes

Questions and answers: 30 minutes

Activity No. 3 (150 minutes):

- **Standards of the International Covenant on Economic, Social and Cultural Rights (ICESCR):**
 - First: The principles:
 - Self-determination
 - Exploitation of wealth and natural resources
 - Equality between men and women in the enjoyment of the rights
 - Non-discrimination: the following basis are added to the four basis provided for in the UN Charter: colour, political opinion or otherwise, the national or social origin, ownership, birth or otherwise
 - Second: comprises 31 articles, 15 of which are normative articles including the following rights as classified by Mr. Homayon Alizadeh:
 - (a) Work
 - (b) Remuneration
 - (c) Rest
 - (d) Leisure
 - (e) Trade unions
 - (f) Social security
 - (g) Family protection
 - (h) Living standards
 - (i) Food
 - (j) Clothing
 - (k) Housing
 - (l) Health

- (m) Education
- (n) Culture
- (o) Scientific research
- **Gradual implementation and the international cooperation.**
- **General comments and general recommendations adopted by the relevant treaty body.**
- **Similar or related standards in national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 4 (150 minutes):

- **Preceding activity continued:**
 - Similar or related standards in the Universal Declaration of Human Rights
 - Similar or related standards in the African Charter for Human and Peoples' Rights
 - Similar or related standards in the Vienna Declaration and Programme of Action
 - Similar or related standards in the Cairo Declaration for Human Rights in Islam
 - Related resolutions of the Commission on Human Rights

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 5 (150 minutes):

- **Standards of the International Covenant on Civil and Political Rights (ICCPR):**

First: the principles:

- Self – determination
- Exploitation of wealth and natural resources
- Equality between men and women in the enjoyment of the rights
- Non-discrimination: the following basis are added to the four basis provided for in the UN Charter: colour, social origin and the word "only"

Second: comprises 53 articles, 15 are normative articles, including the following rights as classified by Mr. Homanyoen Alizadeh:

- (a) Life
- (b) Torture or cruel, inhumane or degrading treatment or punishment
- (c) Slavery
- (d) Arbitrary arrest

- (e) Arbitrary detention
 - (f) Humane treatment for persons deprived of their liberty
 - (g) Freedom of movement
 - (h) Equality before the courts
 - (i) Non-retroactive criminal legislation
 - (j) Unlawful interference with privacy, family, home, communications or prejudicing honour and reputation
 - (k) Freedom of thought, conscience and religion
 - (l) Freedom of expression
 - (m) Peacefull assembly
 - (n) Freedom of association
 - (o) Protection of minorities
- And we add to this the non-imprisonment for inability to fulfill a contractual obligation (Article 11)
- **Derogation (Article 4): except: right to life, prohibition of torture, prohibition of slavery, prohibition of imprisonment for inability to only fulfill a contractual obligation, non-retroactive effect of criminal legislation, recognition of human person, equality before law, freedom of thought, conscience and religion.**
 - **The two Optional Protocols.**
 - **General comments and general recommendations adopted by the relevant treaty body.**
 - **Similar or related standards in the national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 6 (150 minutes):

- **Preceding activity continued:**
 - Similar or related standards in the Universal Declaration of Human Rights
 - Similar or related standards in the African Charter for Human and Peoples Rights
 - Similar or related standards in the Vienna Declaration and Programme of Action
 - Similar or related standards in the Cairo Declaration for Human Rights in Islam
 - Related resolutions of the Commission on Human Rights.

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 7 (150 minutes):

- **Standards of the International Convention on the Elimination of All forms of Racial Discrimination (ICERD).**
- **General comments and general recommendation adopted by the relevant treaty body.**
- **Similar or related standards in the national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 8 (150 minutes):

- **Preceding activity continued**
 - Similar or related standards in the Universal Declaration of Human Rights
 - Similar or related standards in the African Charter for Human and Peoples Rights
 - Similar or related standards in the Vienna Declaration and Programme of Action
 - Similar or related standards in the Cairo Declaration for Human Rights in Islam
 - Related resolutions of the Commission on Human Rights.

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 9 (150 minutes):

- **Standards of the International Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW).**
- **General comments and general recommendations adopted by the relevant treaty body.**
- **Similar or related standards in the national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 10 (150 minutes):

- **Preceding activity continued:**

- Similar or related standards in the Universal Declaration of Human Rights
- Similar or related standards in the African Charter for Human and Peoples Rights
- Similar or related standards in the Vienna Declaration and Programme of Action
- Similar or related standards in the Cairo Declaration for Human Rights in Islam
- Related resolutions of the Commission on Human Rights.

Presentation: 35 minutes

Questions and answers: 15 minutes

Working groups: 35 minutes

Plenary reports: 35 minutes

Group-photo : 15 minutes

Correction of List of participants : 15 minutes

Activity No. 11 (150 minutes):

- **Standards of the Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (CAT).**
- **General comments and general recommendations adopted by the relevant treaty body.**
- **Similar or related standards in the national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 12 (150 minutes):

- **Preceding activity continued**
 - Similar or related standards in the Universal Declaration of Human Rights
 - Similar or related standards in the African Charter for Human and Peoples Rights
 - Similar or related standards in the Vienna Declaration and Programme of Action
 - Similar or related standards in the Cairo Declaration for Human Rights in Islam
 - Related resolutions of the Commission on Human Rights.

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 13 (150 minutes):

- **Standards of the Convention on the Rights of the Child (CRC).**
- **General comments and general recommendations adopted by the relevant treaty body.**
- **Similar or related standards in the national legislation.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 14 (150 minutes):

- **Preceding activity continued:**
 - Similar or related standards in the Universal Declaration of Human Rights
 - Similar or related standards in the African Charter for Human and Peoples Rights
 - Similar or related standards in the Vienna Declaration and Programme of Action
 - Similar or related standards in the Cairo Declaration for Human Rights in Islam
 - Related resolutions of the Commission on Human Rights.

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 15 (150 minutes):

- **Standards of the African Charter for Human and Peoples Rights.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 16 (one hour):

- **Standards of Cairo Declaration for Human Rights in Islam.**

Presentation: 40 minutes

Questions and answers: 20 minutes

Activity No. 17 (180 minutes):

- **International standards for humanitarian law:**
 - Hague Conventions
 - Geneva Convention I
 - Geneva Convention II
 - Geneva Convention III
 - Geneva Convention IV
 - The two additional Protocols
 - Related standards in the national legislation

Presentation: 55 minutes

Questions and answers: 35 minutes

Working groups: 40 minutes

Plenary reports: 50 minutes

Activity No. 18 (two hours):

- **Final examination.**

Activity No. 19 (one hour):

- **Plenary discussion.**

Activity No. 20 (one hour):

- **Course evaluation:**
 - Objectives: improving the technical and administrative aspects and the time frame of the course
 - Distribution and filling of post-course questionnaire (see Annex 4)

Activity No. 21 (one hour):

- **Presentation of certificates.**
- **Distribution of group-photos.**
- **Closing statement by the Director General, Dr. Ahmed El Mufti.**